



# Course 2 Clinic OVERVIEW

## -Confidence -

***This course is the next building block after Course 1 and focuses on developing confidence and unity between horse and rider. Explore a deeper understanding of prey animal psychology & physiology to uncover how influencing the horse's bend and balance can create relaxation in movement. With a focus on refining your aids to become more effective, you'll also learn how developing an intent-based communication can positively influence your ability to achieve greater unity with your horse!***

- Focus on the next steps in the Jonathan Field Horsemanship Training Scale™: Bend & Balance
- Learn to develop an intent-based communication
- Bending and balancing exercises on line and while riding
- Learn to use pressure appropriately and read your horse correctly
- Discover how to "Stretch the elastic band" both emotionally and physically
- Leg yields and canter departures
- Develop a comfortable canter
- Teach your horse to relax in movement

### **Equipment to Bring:**

Please bring all the following equipment. Any items you don't have will be available for purchase during the event (we may have some equipment you can borrow!) However, we don't have helmets for loan or purchase, so please bring your own.

- ◇ Safety Helmet (Riders under 18 MUST wear a helmet)
- ◇ Rope Halter
- ◇ 12' Lead Rope
- ◇ 22' Line
- ◇ Horseman's Stick
- ◇ 6' Horseman's String
- ◇ Saddle Pad
- ◇ Saddle
- ◇ Snaffle-type Bridle and/or Rope Hackamore

### **Rider Requirements/Pre-Requisites:**

Course 1 knowledge of the Jonathan Field Horsemanship program and principles – eg: you have read "The Art of Liberty Training for Horses" book and/or have watched Ground DVD 1, Ground DVD 2 and Riding DVD 1 from the Natural Foundation Home Study Program. You have successfully passed a Course 1 Assessment with a "Welcome to Course 2" from Jonathan. You must be comfortable riding at the walk, trot and canter. Contact your host with any questions.

### **Horse Requirements/Pre-Requisites:**

Must be a solid riding horse who is safe to ride in a group environment and is competent at the exercises in Course 1.

### **Times:**

- 8:00-8:30 am: Plan to arrive at location
- 9:00 am: Please meet in the arena WITHOUT your horse for an introductory/theory session.
- 10:00 am: Morning lessons with horses
- 12:30 pm: approximate 1-1/2 hour break each day for lunch.
- 2:00 pm: Afternoon lessons with horses
- 4:30 to 5:00 p.m approximate end time each day

### **Recording:**

Video or audio recording of any kind is not permitted on the property. Please pass this information on to any friends or family that may be attending to watch. You may not publish, post, or display any photos of Jonathan Field, the Jonathan Field Horsemanship Centre or any member of the Jonathan Field Horsemanship team without their written consent.

### **PAYMENT AND CANCELLATION POLICY:**

**CLINIC DEPOSIT:** A \$400.00 deposit is required to hold your spot in the clinic. The deposit (once accepted) guarantees your spot in the clinic. CLINIC DEPOSITS ARE NON-REFUNDABLE, NON-CREDITABLE AND NON-TRANSFERRABLE. NO EXCEPTIONS.

**CLINIC BALANCE:** Balance payments are due 60 Days before the first day of the clinic. This includes any amount owing for stabling. If paying your deposit by cheque, please include a credit card number OR a post-dated cheque for your balance payment. CLINIC BALANCE PAYMENTS ARE NON-REFUNDABLE AND NON-TRANSFERRABLE, AND CAN ONLY BE APPLIED TO A CREDIT.

**CANCELLATION:** If you cancel out of the clinic at any time, the \$400 Deposit is forfeited - **NO EXCEPTIONS**. If you have already made your balance payment, an additional \$50 administration fee will be charged and the remaining amount will be applied to a Jonathan Field Horsemanship Credit. Credits are valid for one calendar year and can be used to purchase Jonathan Field Horsemanship DVDs or equipment. Credits can also be applied to another clinic or camp if space allows.